

# Week 2

*Welcome to the second moment of our Lenten JustHOPE resource where we are reflecting on the Jubilee Pilgrims of Hope prayer.*

*We begin by taking a moment to pause and remember that we are in the presence of God who brings hope into our lives.*

*Let's pray the second part of the prayer...*

**May your grace  
transform us  
into tireless cultivators  
of the seeds of the Gospel**

This part of the Jubilee Prayer call us to open our hearts more fully to the transforming power of the Gospel and this is what Lent is all about. Our Lenten journey should change our hearts.

Perhaps over the years you have taken Lent for granted, it is something that happens every year and for many it's a time of giving up. But Lent is about much more than giving up, it's also about tuning into God's grace more fully.

God's grace is simply God's invitation to relationship, it is pure gift to us and always freely given.

During Lent we can do many things that will help us to tune into our relationship with God. The most obvious one is to take time to simply be with God in prayer. The challenge of Lent is to make this a priority, so that we can listen to his voice and allow God to speak to our heart.

When we listen in the silence we can be surprised by God's call to go out to those who are in need, and to spread Good News. This is what it means to be a cultivator of the seeds of the Gospel. We are invited in the season of hope to notice where we can share Good News with others, build others up and notice how the good Spirit is calling us to build a Kingdom of love, joy and peace.

**How can I respond more fully  
to God's invitation to relationship  
in this season of hope?**

**Where can I cultivate  
seeds of the Gospel  
in my relationships with others?**

We pray for ourselves; that we may open our hearts more fully to the transforming power of the Gospel.

**Lord, fill us with your hope.**

We pray for all of us who are called to cultivate seeds of the Gospel; may our actions speak louder than our words.

**Lord, fill us with your hope.**